**Master in Mediterranean Diet, Nutrition and Tourism,** (1 year, Master of Arts)

**This program is accredited by CYQAA.**

**The program is offered in both the Greek and English languages.**

**COURSE DISTRIBUTION PER SEMESTER**

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| --- | --- | --- | --- | --- |
| **Α/Α** | **Course Code** | **Course Name** | **Periods per week** | **Number of ECTS** |
| **Α’ Semester- 36 ECTS** | | | | |
|  | **NUTR1** | **RESEARCH METHODS** | **3** | **8** |
|  | **NUTR11** | **CIRCULAR ECONOMY AND SUSTAINABILITY IN THE FOOD INDUSTRY: APPLICATION IN TOURISM** | **2** | **6** |
|  | **NUTR3** | **ADVANCED TOPICS IN NUTRITION AND MEDITERRANEAN DIET I** | **3** | **8** |
|  | **NUTR7** | **MEDICAL NUTRITION THERAPY IN TOURISM** | **3** | **8** |
|  | **NUTR9** | **MEDITERRANEAN DIET AND PUBLIC HEALTH** | **2** | **6** |
| **Β’ Semester- 54 ECTS** | | | | |
| **6.** | **NUTR4** | **ADVANCED TOPICS IN NUTRITION AND MEDITERRANEAN DIET II** | **3** | **8** |
| **7.** | **NUTR6** | **MEDITERRANEAN DIET AND FUNCTIONAL FOODS** | **3** | **8** |
| **8.** | **NUTR5** | **QUALITY ASSURANCE AND FOOD SAFETY IN FOOD CATERING** | **2** | **6** |
| **9.** | **NUTR8** | **ADMINISTRATION AND MANAGEMENT OF TOURIST FACILITIES** | **3** | **8** |
| **10.** | **NUTR10** | **THESIS** | **6** | **24** |

**No elective courses exist.**

**Assessment**

Depending on the course, assessment will be made based on a combination of methods, including – but not limited to – tests with multiple choice, short answer and essay-type questions, problem solving, written scientific projects, presentation of projects and final exams.

**Block Teaching**

We understand that balancing professional commitments with academic pursuits can be challenging. In an effort to help with this issue and whenever possible, some courses in our curriculum utilize Block teaching, a flexible approach method designed to condense course material into intensive, focused sessions. This approach, implemented in consultation with our experienced lecturers, allows for efficient learning while accommodating busy schedules.

**The following are the dates for the block teaching for the Fall 2024 Semester:**

**Dr. Maria Hassapidou**

**NUTR10 – THESIS:**

Friday 6th to Sunday 8th December

**NUTR4 – ADVANCED TOPICS IN NUTRITION AND MEDITERRANEAN DIET II:**

Friday 20th to Sunday 22nd December

**Dr Anna Papageorgiou**

**NUTR6 – MEDITERRANEAN DIET AND FUNCTIONAL FOODS:**

Friday 13th to Sunday 15th December