

MEDITERRANEAN DIET, NUTRITION AND TOURISM, (18 MONTHS, MASTER OF ARTS, 90 ECTS – Offered in Greek and English)

COURSE DISTRIBUTION PER SEMESTER

A/A	Course Type	Course Name	Course Code	Periods per week	Number of ECTS
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A' Semester (30 ECTS)					
1.	Compulsory	Research Methods	NUTR1	3	6
2.	Compulsory	Circular Economy and Sustainability in the Food Industry: Application in Tourism	NUTR11	2	6
3.	Compulsory	Advanced Topics in Nutrition and Mediterranean Diet I	NUTR3	3	6
4.	Compulsory	Medical Nutrition Therapy in Tourism	NUTR7	3	6
5.	Compulsory	Mediterranean Diet and Public Health	NUTR9	2	6

B' Semester (30 ECTS)					
1.	Compulsory	Advanced Topics in Nutrition and Mediterranean Diet II	NUTR4	3	8
2.	Compulsory	Mediterranean Diet and Functional Foods	NUTR6	3	8
3.	Compulsory	Quality Assurance and Food Safety in Food Catering	NUTR5	2	6
4.	Compulsory	Administration and Management of Tourist Facilities	NUTR8	3	8

C' Semester (30 ECTS)					
1.	Compulsory	Thesis	NUTR10		30

Upon successful completion of this program, students are awarded a Masters in Mediterranean Diet, Nutrition and Tourism.