**Master in**

* **Mediterranean Diet and Tourism,** (1 year, Master of Arts) - This program **is accredited by CYQAA**.

**The program is offered in Greek language only.**

**. Program’s purpose and objectives:**

The aim of the Master program is to provide advanced knowledge in Nutrition and Dietetics Science in Tourism.

In more details, the aim of the Master Program «Mediterranean Diet and Tourism» is to provide:

* high level scientific training with specialized knowledge , to be implemented in the management and planning of dietary interventions at an individual and/or group level,
* interdisciplinary training to improve collaboration with professionals from different disciplines i.e. from the fields of Health, Sport and Tourism. Graduates will be able to position themselves in key areas of the public and the private sector in Tourism, as well as to work as freelancers, in development and promotion of research in all areas of the Master Program**.**

**COURSE DISTRIBUTION PER SEMESTER**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Α/Α** | **Course Type** | **Course Name** | **Periods per week** | **Number of ECTS** |
| **COMPULSORY (C) Α’ Semester- 36 ECTS** | | | | |
|  | **NUTR1** | **RESEARCH METHODS** | **3** | **8** |
|  | **NUTR2** | **NUTRITION INFORMATICS** | **2** | **6** |
|  | **NUTR3** | **ADVANCED TOPICS IN NUTRITION AND MEDITERRANEAN DIET I** | **3** | **8** |
|  | **NUTR7** | **MEDICAL NUTRITION THERAPY IN TOURISM** | **3** | **8** |
|  | **NUTR9** | **MEDITERRANEAN DIET AND PUBLIC HEALTH** | **2** | **6** |
|  |  |  |  |  |
| **COMPULSORY (C) Β’ Semester- 54 ECTS** | | | | |
| **6** | **NUTR4** | **ADVANCED TOPICS IN NUTRITION AND MEDITERRANEAN DIET II** | **3** | **8** |
| **7** | **NUTR6** | **MEDITERRANEAN DIET AND FUNCTIONAL FOODS** | **3** | **8** |
| **8** | **NUTR5** | **QUALITY ASSURANCE AND FOOD SAFETY IN FOOD CATERING** | **2** | **6** |
| **9** | **NUTR8** | **ADMINISTRATION AND MANAGEMENT OF TOURIST FACILITIES** | **3** | **8** |
| **10** | **NUTR10** | **THESIS** | **6** | **24** |

**No elective courses exist.**